

Kedar Tal Trek 2013 (Shiva's Lake)



Kedar Tal sited at an altitude of 4912 from sea level at Gangotri area of Garhwal Himalaya. One can see breath taking view of Greater Himalayan peaks e.g. Thalayasagar (6904 mts), Bhirgupanth (6772 mts) and Jogin Group of peaks. The pea green lake with melting snow of Kedar glacier originate Kedar Ganga, a tributary of Bhagirathi, measured as Lord Shiva's contribution to Bhagirathi. One can encounter a good variety of high altitude fauna e.g. Bharal (blue sheep), Goral, Himalayan black bear with a great variety of birds. The trek is bit challenging, but the rewards are very soaring.

Area: Garhwal Himalayas

Duration: 9 Days

Max. Altitude: 4912 mts/16110 ft

Grade: Moderate to challenging

Season: May - June & August - Mid Oct

Day 01: Delhi - Haridwar (By Train) - **Rishikesh** (24 kms/40 mins)

In the morning take an Ac train for Haridwar at 06:55 hrs. Arrival at Haridwar by 11:25 hrs and then met our representative



and transfer to Rishikesh. Evening free to explore the area. Overnight stay in hotel.

Day 02: Rishikesh - Gangotri (265 kms/9-10 hrs/3048 M/10000 ft)

In the morning after breakfast drive to Gangotri via a beautiful valley Harsil &



hill town Uttarkashi. Enroute take a holy dip in Gangnani hot water springs. Arrive at Gangotri by evening. Check in to hotel for dinner and overnight stay.

Day 03: Gangotri - Bhoj Kharak (3780 mts/12436 ft)

The day begins with a steep hike through fir forests before traversing the Kedar Gorge to reach camp. We will trek 8 km (5-6 hrs) as we follow the Kedar Ganga (Lord Shiva's contribution to Bhagirathi), all the while enjoying the thundering sound of the river emerging from Kedar Tal. Overnight stay in tents.



Day 04: Bhoj Kharak - Kedar Kharak (4270 mts/14050 ft)

We will trek 4 kms (4 - 5 hrs) passing through a beautiful birch (Bhoj) forest, before departing from the tree line and arriving at camp. The Bhirgupanth peak provides a nice backdrop as we make our way across the long meadow, where the shepherds come to graze their sheep

and goats. The day is short in distance, but it has its steep sections, so pace yourself. Overnight stay in tents.



Day 05: Kedar Kharak - Kedar Tal (4912 mts/16160 ft)

The 5 km (4-5 hrs) trek up to Kedar Tal is considered to be laborious, and crosses very difficult terrain of boulders and stones. It is a maze of rocks and relatively easy to get turned around, but if you look closely you will see little cairns that have been placed on the route to the lake. Kedar Tal is one of the most enchanting glacial lakes with the majestic Thalayasagar looming up behind it. Thalayasagar, a quartz mountain, is also known as Sphatik (quartz) and is truly a delight to see at sunset! Overnight stay in tents.

Day 06: Kedar Tal - Bhoj Kharak

Be sure to get up extra early to catch the magnificent sunrise and reflections off of the lake and surrounding peaks! Today we will trek 9km (5 hrs) back down to Bhoj Kharak, with the awe inspiring memory of Kedar Tal still etched in our mind. Overnight stay in tents



Day 07: Bhoj Kharak - Gangotri - Uttarkashi

Trek 8 km (3 hrs) back down to

Gangotri, have final Darshan with Swami Sundaranad and drive (4-5 hrs) back to Uttarkashi. Check in at Hotel. Overnight stay.

Day 08: Uttarkashi - Haridwar
(185 kms/5 hrs) - **Delhi**

Morning after breakfast drive to Haridwar. On arrival transfer to railway station to catch Dehradun Shatabdi train for Delhi at 18:05 hrs. Arrival at Delhi by 22:45 hrs

Trip & Services ends here.

Cost of the trip

USD 685 per person (For a minimum of 2 - 4 people)

INR 31500 per person (For a minimum of 2 - 4 people)

*4.9% service tax extra



COST INCLUDES

- **Train ticket:** AC Train ticket from Delhi to Haridwar & back Delhi.
- **Accommodation:** Hotel according to itinerary at all the places with **breakfast basis**. While on trek we will provide you **Dome/Alpine trekking tents** on twin sharing basis. Camping mattresses, mess tent, toilet tent, camping stool, table etc to make the trekking comfortable.
- **Transport:** **Mahindra Max car** from Haridwar to Gangotri & Back.
- **Meals:** At hotel/Guest house only breakfast will serve. While on trek all meal will be provided. All meals will be freshly prepared and will be a mix of Indian, Chinese & Continental.
- **Porters:** For carrying camping equipment, rations, vegetables and some amount of personal gear of the clients (one bag not weighing more than 14 kgs).
- **Professional local trekking guide** and **kitchen staff** would accompany the group
- **Entry and permission fee of the park**
- Trekking permit fees
- Environment levy fees

COST DOES NOT INCLUDE

- Any charges for carrying still/video cameras etc.
- Enroute meal
- Alcohol, soft drinks, bottled water, beverages, etc.
- Personal expenses like tips, telephone calls, laundry, etc.
- Any meals/services not mentioned above
- Any costs arising out of unforeseen circumstances like landslides, road blocks, bad weather, etc.
- Travel insurance

Trekking Equipments List

1. Trekking boots - well broken in and waterproofed
2. Down jacket or equivalent with hood
3. One heavy wool shirt or sweater

4. Two cotton shirts
5. One pair cotton trousers or shorts
6. One pair woolen trousers
7. One pair shorts or calf-length skirt for women
8. Three pairs of regular underwear
9. Long underwear - thermal or wool
10. Wind- and rain-gear with hood
11. Sun hat with brim
12. Woolen hat or balaclava
13. Woolen gloves
14. Woolen socks to wear with boots
15. Cotton socks
16. Personal first-aid kit including medication for common ailments
17. Flashlight with extra batteries
18. Sunglasses or snow goggles (an extra pair is recommended)
19. Water bottle, preferably wide mouthed, with at least one liter capacity
20. Pocket knife
21. Note book with pens and pencils
22. Plastic bags - small size for books, film etc., larger bags for clothes, sleeping bags
23. Well fitting strong shoes with a couple of woolen socks. The shoes should be used before treks to avoid blisters.
24. First aid set for minor accidents and sickness.
25. A raincoat is necessary to meet uncertainties of weather.
26. Chocolates, lozenges, candies, glucose and dry fruits provide extra pep and energy.
27. It is advisable not to exhaust energy by walking fast, as otherwise the trek will be not enjoyable